

Checking your skin is as easy as ABCDE

Your skin check card simplifies the ABCDE rule of melanoma detection, the clinical best practice employed by skin specialists worldwide and helps you detect potentially deadly melanoma before it is too late.

Skin cancer warning signs

A



ASYMMETRY

Is your mole have an asymmetrical shape?

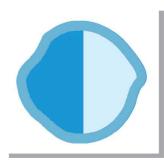
B



BORDER

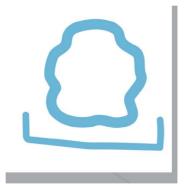
Does your mole have an irregular border?

C



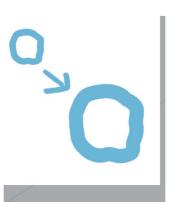
COLOUR

Does your mole have two or more colours?



DIAMETER

Is your mole larger than 5mm?



EVOLUTION

Has your mole changed size, colour or shape?



